

# Youth & Young Adult Opportunities

Community and Civic Involvement

I want to learn how to manage my money

I want to make a difference in my community!

How do I get help organizing?

What is safe Sex?

How do I shop for healthy foods and make a budget?

How do I tell people about my disability?



CAN HELP WITH THAT!

SMCIL mission is to support people living with disabilities access the support and services needed to achieve their goals.